

FALMOUTH SPORTS HUB
evolving your fitness

Summer Holiday Activities Programme 2019



In partnership with



Watersports

Watersports at **Stithians Lake** Ages 8+. Visit southwestlakes.checkfront.co.uk/reserve/ to book.

Watersports at **Swanpool Beach** with **Elemental** Ages 8-14. Phone 01326 318771 to book and quote Falmouth School.

Football

Plymouth Argyle Football Camp at Falmouth Sports Hub Ages 5-15. Visit argylecommunitytrust.co.uk/courses/ to book.

Tennis

Will Richards Access Coaching at Falmouth Sports Hub 'Red Ball' Ages 6-8 & 'Orange Ball' ages 9-10. Phone 07989777594 or email accesstennis@hotmail.com to book.

Golf

With **Nick Rogers** at Falmouth Sports Hub Ages 8+. Contact Falmouth Golf Club on 01326 311262 to book.